### COMMITTED TO COOPERATIVE CONFLICT RESOLUTION **PROFESSIONALS**

## these people



Kathryn Monahan



Jimmy Carter



Mandela



George Mitchell



Edmund Muskie



Samantha Smith

They've shown us the value of conflict resolution.



# Our members deliver!

You've got options!

web site for membership benefits and details We invite ADR professionals to log on to our

Toll free -877-265-9712

Maine Association of Mediators | P.O. Box 8187 | Portland, ME 04104

www.mainemediators.org

STABLISHED IN 1989 as a not-for-profit association, the Maine Association of Mediators is a network of trained practitioners with diverse specialties, all related to dispute resolution. Members share the goal of expanding public understanding and acceptance of the tools of alternate dispute resolution (ADR). ADR offers ways of handling conflict, often outside of the traditional court system.

### **Advantages of Alternate Dispute Resolution:**

- Parties agree on the process
- Helps to preserve relationships
- Maintains confidentiality
- Focuses on long-term results
- More satisfying for participants
- Creates a solution rather than a court decree
- Is often less costly and time consuming than going to court

### **Members provide these ADR services:**

- Mediation
- Facilitation
- Arbitration
- Early Neutral Evaluation
- Conflict Management Systems

**Mediation** is one or more facilitated discussions to help people who disagree reach their own solution.

**Facilitation** helps a group complete a task, solve a problem, or come to an agreement. The facilitator guides the process while staying neutral to the content.

**Arbitration** is an informal hearing where arguments are presented by opposing parties. The arbitrator provides a binding or non-binding decision based on the details presented.

**Early Neutral Evaluation** is a statement of the potential financial worth of a case based on presentations by the parties or their attorneys.

**Conflict Management Systems** consist of mediation, coaching, collaboration and customized training, designed specifically for an organization.

### **ADR** can be effective with:

- Family conflicts
- Divorce settlements
- Land use claims
- Tenant and landlord disputes
- Workplace conflicts
- Real estate disputes
- Conflicts in schools
- Consumer complaints against businesses
- A complex meeting or a series of meetings
- Other conflicts between two or more people

### **Maine's court system supports ADR because:**

- ADR is less of a burden on the court system than a lawsuit.
- Generally, participants are more satisfied with a process that they control.
- Mutual agreements are more likely to be put into practice.
- Workable solutions are usually reached more quickly.